

THE DIVINE MENTOR
Growing Your Faith as You Sit at the Feet of the Savior

Discussion Questions Week #3 (February 10th – February 16th)

Reading Assignment: Chapters 6, 7 & 8 (pages 83 - 125)

NOTE TO LEADER: Don't feel as though you need to ask every question below. Pick one or two discussion questions from each chapter that you believe will be most helpful in facilitating discussion and promoting application for you and your group.

Chapter 6: *Five Things for Life*

- How do the following passages relate to the importance of the Bible to your spiritual health?
Hebrews 4:12 For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.
2 Timothy 3:16-17 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, [17] so that the man of God may be thoroughly equipped for every good work.
Ephesians 1:18 I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints,
- Your physical health is dependent on eating a nutritious diet? Your spiritual health is also dependent on a "nutritious spiritual diet." Discuss how physical and spiritual health are analogous in the following circumstances: 1. You don't eat enough. 2. You eat the wrong kinds of food. 3. You eat enough but don't exercise. 4. What happens when you cannot digest what you eat?
- According to this chapter why is the Bible regarded as the most "nutritious" source of spiritual food? How often do you eat from this source? How often should you eat from this source? Do you need to change? Will you?

Chapter 7: *SOAP*

- On page 101, what does the author mean when he says "Your future is not comprised of the sum total of all your experiences-it will consist of how you have defined them"?
- As a Christian, why should the Bible be the standard for defining your experiences?
- On page 102 how does the following quote apply to your personal spiritual health? "*The health of the twenty-first-century America will no longer be determined by what people get the doctors to do for them, but rather by what doctors can get people to do for themselves.*" How does this quote relate to John 3:17?
- How will the SOAP method help you to define your life experiences as God would?

Chapter 8: Fresh Bread

- Discuss how the taste of bread fresh out of the oven compares to day old bread? What happens to the aroma, texture, and flavor after coming out of the oven after even a few hours? Which do you prefer?
- Think of your spiritual life as a loaf of bread. What happens to your spiritual life when you read the Bible? How often should you read the Bible if you want your spiritual life to remain fresh?
- Can you summarize the sermon topic from last week and the week before? How about a month ago? Were great spiritual truths shared in each of these sermons?
- Read 2 Peter 1:12-15. How often is Peter willing to remind his Christian friends about spiritual truths? How long is Peter committed to reminding them? What is Peter's motivation for reminding them all the time until he dies? See how many reasons you can list for why it is necessary to be reminded of spiritual truths.
- What reasons are cited in this chapter for reading the Bible daily?