

THE DIVINE MENTOR
Growing Your Faith as You Sit at the Feet of the Savior

Discussion Questions Week #5 (February 24th – March 1st)

Reading Assignment:

- _ Chapter 10 (pages 147-156)
- _ Psalm 1; Proverbs 1
- _ Psalm 8; Proverbs 2
- _ Psalm 23; Proverbs 3
- _ Psalm 46; Proverbs 4
- _ Psalm 51; Proverbs 5
- _ Psalm 90; Proverbs 6
- _ Psalm 121; Proverbs 7

Chapter 10: *Where the Rubber Meets the Road*

- Read Amos 8:11 and Psalm 119 (yes you need to eat the whole thing!).
- What activities are involved in hearing the word of the Lord? When have you truly heard the Lord?
- Select a few passages from each section and discuss the parallels between eating physical food (left column) and spiritual food (passages).

ACTIVITY	PASSAGES RELATING TO SPIRITUAL EATING
<p>Shopping</p> <p>How you shop, When you shop. Looking for that favorite food. Guarantees by the manufacturer. Quality of ingredients.</p>	<p>Psalms 119:58 I have sought your face with all my heart; be gracious to me according to your promise.</p> <p>Psalms 119:89-90 Your word, O LORD, is eternal; it stands firm in the heavens. [90] Your faithfulness continues through all generations; you established the earth, and it endures.</p> <p>Psalms 119:96 To all perfection I see a limit; but your commands are boundless.</p> <p>Psalms 119:131 I open my mouth and pant, longing for your commands.</p> <p>Psalms 119:140 [140] Your promises have been thoroughly tested, and your servant loves them.</p> <p>Psalms 119:152 Long ago I learned from your statutes that you established them to last forever.</p>
<p>Preparing the food</p> <p>How often How excited are you Sacrifices to make a special dish.</p>	<p>Psalms 119:20 My soul is consumed with longing for your laws at all times.</p> <p>Psalms 119:55 In the night I remember your name, O LORD, and I will keep your law.</p> <p>Psalms 119:62 At midnight I rise to give you thanks for your righteous laws.</p> <p>Psalms 119:75 I know, O LORD, that your laws are righteous, and in faithfulness you have afflicted me.</p> <p>Psalms 119:147 I rise before dawn and cry for help; I have put my hope in your word.</p>
<p>Eating the food</p>	<p>Psalms 119:33-37 Teach me, O LORD, to follow your decrees; then I will keep them to the end. [34] Give me understanding, and I will keep your law and obey it with all my heart. [35]</p>

ACTIVITY	PASSAGES RELATING TO SPIRITUAL EATING
<p>Taste of the food.</p> <p>Feeling satisfied at the end of a meal.</p> <p>Anticipation of having your favorite dish.</p>	<p>Direct me in the path of your commands, for there I find delight. [36] Turn my heart toward your statutes and not toward selfish gain. [37] Turn my eyes away from worthless things; preserve my life according to your word.</p> <p>Psalms 119:103 How sweet are your words to my taste, sweeter than honey to my mouth!</p> <p>Psalms 119:135 Make your face shine upon your servant and teach me your decrees.</p> <p>Psalms 119:162 I rejoice in your promise like one who finds great spoil.</p>
<p>Digesting the food</p> <p>The stomach breaks down the food to smaller parts.</p> <p>The intestines absorb the smaller parts.</p> <p>Your blood delivers the smaller parts to your whole body.</p> <p>Individual organs and cells receive the food to grow or repair damaged parts.</p>	<p>Psalms 119:11-12 I have hidden your word in my heart that I might not sin against you. [12] Praise be to you, O LORD; teach me your decrees.</p> <p>Psalms 119:15 I meditate on your precepts and consider your ways.</p> <p>Psalms 119:18-19 Open my eyes that I may see wonderful things in your law. [19] I am a stranger on earth; do not hide your commands from me.</p> <p>Psalms 119:73 Your hands made me and formed me; give me understanding to learn your commands.</p> <p>Psalms 119:78 May the arrogant be put to shame for wronging me without cause; but I will meditate on your precepts.</p> <p>Psalms 119:95 The wicked are waiting to destroy me, but I will ponder your statutes.</p> <p>Psalms 119:97 Oh, how I love your law! I meditate on it all day long.</p> <p>Psalms 119:104 I gain understanding from your precepts; therefore I hate every wrong path.</p> <p>Psalms 119:130 The unfolding of your words gives light; it gives understanding to the simple.</p> <p>Psalms 119:144 Your statutes are forever right; give me understanding that I may live.</p>
<p>Exercising</p> <p>What happens when there are too many calories and too little exercise?</p> <p>Food provides energy:</p> <ul style="list-style-type: none"> - For your muscles to do work. - For your brain to think. 	<p>James 1:22-25 Do not merely listen to the word, and so deceive yourselves. Do what it says. [23] Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror [24] and, after looking at himself, goes away and immediately forgets what he looks like. [25] But the man who looks intently into the perfect law that gives freedom, and continues to do this, not forgetting what he has heard, but doing it--he will be blessed in what he does.</p> <p>Psalms 119:1-4 Blessed are they whose ways are blameless, who walk according to the law of the LORD. [2] Blessed are they who keep his statutes and seek him with all their heart. [3] They do nothing wrong; they walk in his ways. [4] You have laid down precepts that are to be fully obeyed.</p> <p>Psalms 119:54 Your decrees are the theme of my song wherever I lodge.</p> <p>Psalms 119:92-93 If your law had not been my delight, I would have perished in my affliction. [93] I will never forget your precepts, for by them you have preserved my life.</p> <p>Psalms 119:98 Your commands make me wiser than my enemies, for they are ever with me.</p> <p>Psalms 119:110 The wicked have set a snare for me, but I have not strayed from your precepts.</p> <p>Psalms 119:114 You are my refuge and my shield; I have put my hope in your word.</p> <p>Psalms 119:128 and because I consider all your precepts right, I hate every wrong path.</p> <p>Psalms 119:165 Great peace have they who love your law, and nothing can make them stumble.</p>

- On pages 155-156, the author tells how he created his oasis for spiritual feeding. Where will yours be? When will you do it? Will you do it? How can your group help you do this?